

A Novel Approach to Discipleship
Question from *Seasons of Change* Chapter 11

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Warning: There may be spoilers in the question!

On pages 79-82, Steve takes Heather on her first ever motorcycle ride. He tells her that when she trusts him “not to crash and burn” with her, they will leave Hawaii Kai for the much riskier ride out toward Makapuu Point. As they finally cross over the shoulder of Hanauma, Heather feels joy.

How hard is it to release your fears and trust – in God, in others, in yourself? Have you ever experienced joy like Heather feels when she finally loses her fear? Do you have fears you are still holding onto?

What does the Bible say about fear?

Suggestions for finding answers in the Bible:

Verses to read in context and check for cross-references.

✓ Isaiah 8:15; 41:10

✓ Psalm 27:1

✓ 1 John 4:18

✓ 1 Peter 3:6

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