

A Novel Approach to Discipleship
Question from *Seasons of Change* Chapter 17

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Warning: There may be spoilers in the question!

On page 121, Steve tells Heather “I realized I had trained for football all my life, way before I ever had a chance at the pros, and I decided to train for family life too, even before I had a chance to get one.”

Why did Steve feel the need to get counseling for his family life? Do you think it’s okay for a Christian to get counseling? Do you think it’s ever necessary for a Christian to get counseling?

What does the Bible say about counseling? Does the Holy Spirit as our Counselor cancel out our need for other counselors?

Suggestions for finding answers in the Bible:

Search for “adviser” and “counselor.” Also try looking for “one another.” See what the Bible says about how we’re supposed to help one another.

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